

Beard Oil Recipe

A Do-It-Yourself Beard Oil Recipe

Beard oil is quite the thing these days, but at \$30 a bottle, it can get pretty expensive to keep your beard in shape. For those of you who are adventurous, I encourage you to make your own beard oil.

Every beard oil is unique. I have collected a few different recipes which I will share with you, but first, let's gain a basic understanding of the differences between oils.

Essential Oils

Essential oils are strong, potent little buggers. Some of them can even be dangerous, if used without carrier oils. Citrus and fruity oils, for example, can irritate the skin if you use too much of them in your beard oil blend. Essential oils, when applied directly to the skin without dilution, have been known to burn skin. But they also provide oil with unique scents and characteristics. Some essential oils, like vitamin E oil, help protect skin against psoriasis and dandruff. Others give beard oil a masculine "woody" scent. When diluted by carrier oil, essential oils are safe.

Essential oils include:

The Complete Book of Essential Oils

Carrier Oils

Carrier oils "carry" the scent of the essential oils. Quality carrier oil will make up the bulk of your beard oil. Carrier oils have mild scents, and are easily absorbed by your skin and beard hair. The point of carrier oil is to dilute the potency of an essential oil, make it easier for your skin and hair to safely absorb the oil, and to give you more oil to work with.

Carrier oils have a short shelf-life, however. Over time, scents will become weaker, health benefits will disappear, and your beard oil will gain a dull, "organic" scent that is not that pleasant.

Because of this, you need to keep your carrier oils in a cool, dry place. Once your beard oil is mixed, keep it in your bathroom cabinet, away from the windows. If properly stored, your beard oil should last a good year or so before you need to get a new bottle.

Carrier oils include:

Beard Oil Sample Sets of Essential Oils

Tools

Before we get to the recipe, let's go over the various tools you'll need to craft your own beard oil. If you're a hobbyist who is crafting oil for your own consumption, you may not need all of these tools. But if you're a pro, and you want to sell your own unique blend, it's good to stock up on these.

Transfer Pipettes

Funnel

Bottles

There are a variety of different bottle sizes, shapes, and purposes. Half the charm of a good beard oil is in the shape and texture of a bottle. Find a collection of bottles that fit the style you're looking for. Then, use your printer or an online printing service to create your own labels. Here is a collection of different bottles I've used in the past, each with its own perks.

Dark, opaque bottles will protect beard oil from going bad faster. But, if you keep your oil in a cupboard or closet, then you can use a clear bottle. I prefer clear bottles as I like seeing the oil.

Measuring Tools

Because essential oils are so potent, it's important to use precise measuring tools when mixing your beard oil. Have at least one [eyedropper](#), and use metal measuring cups, for reasons mentioned above. Here are the ones I use.

For your own line of beard oils, things will be much cheaper if you buy your oil bottles in bulk. You can buy what you want, but you should really buy packs of 200-400 to get the steepest discount, if you're serious about

[Bulk - 1oz - White Cap - \\$272.13 \(~\\$.06 per bottle\)](#)

[und - 2oz - White Cap - \\$154.36 \(~\\$.05 per bottle\)](#)

[und - 1oz - Black Cap - \\$299.56 \(~\\$.07 per bottle\)](#)

[und - 2oz - Black Cap - \\$194.32 \(~\\$.07 per bottle\)](#)

[supplies in bulk](#)

oil produces a different scent and feel, so I have included a few of the very best recipes out there for you

good to know a few conversion metrics:

1 milliliter (ml)

ounce (oz) (well, 29.57 to be exact)

s and links where you can get them earlier in this post. Below are some sample beard oil recipes from

you'd like to add to my list? Share it in the comments below. Describe what makes your blend unique,

what other indie beard oil makers have created. Browse my collection of favorite beard oils.